



## Family Support Center of New Jersey

**Presents a series of workshops promoting Autism Awareness**

**May 19, 2009  
6:30PM-8:00PM  
“Autism & You”**

Debra Egan Coordinator at FSCNJ, and founder of Connect the Puzzle (also a parent of a child with Autism) will be presenting a session on Autism for families that have just received diagnosis or are currently struggling with it. This session reviews statistics of Autism, how your life will change, and explores the feelings associated with diagnosis and why it is important to move through them timely.

**May 21, 2009  
6:30PM-8:00PM**

**“Separating the Wheat from the Chaff: Evaluating Research 101”**

Andrew Abere, Ph.D., Economist and a parent of a child with autism who has spent his career evaluating research will review and demonstrate useful techniques to critically review the research (or, in some cases, the lack of it) using the debates about mercury and inclusion. Parents and professionals often are flooded with a torrent of information about autism and this workshop will benefit everyone.

**May 28, 2009  
6:30PM-8:00PM**

**“How to Deal with Difficult Behaviors”**

Marlene Brown and Lauren Handleman of Rutgers Douglass Developmental Center will be presenting a session on various techniques that families can utilize for children with autism. They will include how to: use play skills with peers & plan a play date, plan a summer vacation including road trips and plane travel, how to stay over with family and in a resort, and finally how to teach independence at home through activity schedules.

All workshops will take place at  
**The Family Support Center of New Jersey**  
2516 Route 35 North  
Manasquan, NJ 08736

Registration is Required. Please RSVP to Cheryl at 800-372-6510  
what sessions you would like to attend.  
Directions are available on [www.fscnj.org](http://www.fscnj.org)

