



Autism Family
Services of
New Jersey

Horizon



The Horizon Foundation for New Jersey

How about 3 Friday Nights that could change your life?

AFSNJ & The Matthew Jago School PACE Parent, PPO Organization present:

"Dinner and a Therapist"



In January 2010, Autism Family Services of New Jersey in collaboration with The Matthew Jago School's PACE Parent organization will conduct a 3-part series, to be held on Friday evenings for families affected by Autism.

Topics:

Session 1 *The Sibling Issue: Creating Positive Experiences for Siblings.*

Annette Becklund, LCSW, a clinical social worker in private practice, will conduct a workshop on positive support and interactions with siblings of children on the spectrum.

Sessions 2 & 3 *Family Stress in Raising a Child with Autism.*

Russell Kormann, PhD of the Rutgers Center for Applied Psychology will have a two-part presentation dealing with family stress and ways to deal with it.

- ◆ **Location:** The Matthew Jago Elementary School at 99 Glen Cove Ave., Sewaren, NJ 07077.
- ◆ **Capacity:** Registration is limited to 45 individuals per session.
- ◆ **Dates:** January 8, 22, & 29, 2010 from 6-8 p.m./kids drop off @ 5:45 p.m.
- ◆ (You must be able to attend all 3 sessions)
- ◆ **Dinner:** 3 Different Cuisines for the parents and pizza for the kids.
- ◆ **On Site:** Recreation and respite services provided by the team of professionals of Matthew Jago School.
Available for up to 2 children w/ an ASD per family. **If more assistance with childcare is needed please contact Amanda Villamar (mandajudge@yahoo.com) or Debra Egan (Debra.egan@fscnj.org) directly.

Admission, child care and dinner will be free of charge.

To register, please contact Amanda after November 9, 2009 at

FSCNJ (732) 528-8080 ext.210 and leave a message. You will be contacted soon after to confirm.

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